Calendar 2020			Week 1		Week 2		Week 3		Week 4		
January	February	March	April	May	June	July	August	September	October	November	December
1 We New Year's Day	1 Sa	1 Su	1 We	1 Fr	1 Mo	1 We	1 Sa	1 Tu	1 Th	1 Su	1 Tu
2 Th	2 Su	2 Mo	2 Th	2 Sa	2 Tu	2 Th	2 Su	2 We	2 Fr	2 Mo	2 We
3 Fr	3 Mo	3 Tu	3 Fr	3 Su	3 We	3 Fr	3 Mo	3 Th	3 Sa	3 Tu	3 Th
4 Sa	4 Tu	4 We	4 Sa	4 Mo Early May Bank Hol.	4 Th	4 Sa	4 Tu	4 Fr	4 Su	4 We	4 Fr
5 Su	5 We	5 Th	5 Su	5 Tu	5 Fr	5 Su	5 We	5 Sa	5 Mo	5 Th	5 Sa
6 Mo	6 Th	6 Fr	6 Mo	6 We	6 Sa	6 Mo	6 Th	6 Su	6 Tu	6 Fr	6 Su
7 Tu	7 Fr	7 Sa	7 Tu	7 Th	7 Su	7 Tu	7 Fr	7 Mo	7 We	7 Sa	7 Mo
8 We	8 Sa	8 Su	8 We	8 Fr	8 <b>M</b> o	8 We	8 Sa	8 Tu	8 Th	8 Su	8 Tu
9 Th	9 Su	9 Mo	9 Th	9 Sa	9 Tu	9 Th	9 Su	9 We	9 Fr	9 Mo	9 We
10 Fr	10 Mo	10 Tu	10 Fr Good Friday	10 Su	10 We	10 Fr	10 Mo	10 Th	10 Sa	10 Tu	10 Th
11 Sa	11 Tu	11 We	11 Sa	11 Mo	11 Th	11 Sa	11 Tu	11 Fr	11 Su	11 We	11 Fr
12 Su	12 We	12 Th	12 Su	12 Tu	12 Fr	12 Su	12 We	12 Sa	12 Mo	12 Th	12 Sa
13 Mo	13 Th	13 Fr	13 Mo Easter Monday	13 We	13 Sa	13 Mo	13 Th	13 Su	13 Tu	13 Fr	13 Su
14 Tu	14 Fr	14 Sa	14 Tu	14 Th	14 Su	14 Tu	14 Fr	14 Mo	14 We	14 Sa	14 Mo
15 We	15 Sa	15 Su	15 We	15 Fr	15 Mo	15 We	15 Sa	15 Tu	15 Th	15 Su	15 Tu
16 Th	16 Su	16 Mo	16 Th	16 Sa	16 Tu	16 Th	16 Su	16 We	16 Fr	16 Mo	16 We
17 Fr	17 Mo	17 Tu	17 Fr	17 Su	17 We	17 Fr	17 Mo	17 Th	17 Sa	17 Tu	17 Th
18 Sa	18 Tu	18 We	18 Sa	18 Mo	18 Th	18 Sa	18 Tu	18 Fr	18 Su	18 We	18 Fr
19 Su	19 We	19 Th	19 Su	19 Tu	19 Fr	19 Su	19 We	19 Sa	19 Mo	19 Th	19 Sa
20 Mo	20 Th	20 Fr	20 Mo	20 We	20 Sa	20 Mo	20 Th	20 Su	20 Tu	20 Fr	20 Su
21 Tu	21 Fr	21 Sa	21 Tu	21 Th	21 Su	21 Tu	21 Fr	21 Mo	21 We	21 Sa	21 Mo
22 We	22 Sa	22 Su	22 We	22 Fr	22 Mo	22 We	22 Sa	22 Tu	22 Th	22 Su	22 Tu
23 Th	23 Su	23 Mo	23 Th	23 Sa	23 Tu	23 Th	23 Su	23 We	23 Fr	<b>23 Mo</b> 48	23 We
24 Fr	24 Mo	24 Tu	24 Fr	24 Su	24 We	24 Fr	24 Mo	24 Th	24 Sa	24 Tu	24 Th
25 Sa	25 Tu	25 We	25 Sa	25 Mo Spring Bank Hol.	25 Th	25 Sa	25 Tu	25 Fr	25 Su	25 We	25 Fr Christmas Day
26 Su	26 We	26 Th	26 Su	26 Tu	26 Fr	26 Su	26 We	26 Sa	26 Mo	26 Th	26 Sa Boxing Day
27 Mo	27 Th	27 Fr	27 Mo	27 We	27 Sa	27 Mo	27 Th	27 Su	27 Tu	27 Fr	27 Su
28 Tu	28 Fr	28 Sa	28 Tu	28 Th	28 Su	28 Tu	28 Fr	28 Mo	28 We	28 Sa	28 Mo Substitute day
29 We	29 Sa	29 Su	29 We	29 Fr	29 Mo	29 We	29 Sa	29 Tu	29 Th	29 Su	29 Tu
30 Th		30 Mo	30 Th	30 Sa	30 Tu	30 Th	30 Su	30 We	30 Fr	30 Mo	30 We
31 Fr		31 Tu		31 Su		31 Fr	31 Mo August Bank Hol.		31 Sa		31 Th

## Myerscough College Catering Services

Menu - Week 1

		Monday	Tuesday	Wednesday	Thursday	Friday	
Richmond's Restaurant	Vegetarian Soup	Leek and Potato Soup (V,C)	Carrot & Coriander Soup (V,C)	Tomato Soup (V)	Butternut Squash Soup (V)	Cream of Vegetable Soup (V,C)	
	Meat Soup	Vegetable & Chorizo Soup	Beef & Tomato Soup	Chicken & Sweetcorn Soup	Pea & Ham Soup	Cock a Leekie Soup	
	Main Meat	Cottage Pie	Beef Lasagne and Garlic Bread	Grilled Salmon (P)	Hunters Chicken (P)	Battered Fish (P)	
	Main Vegetarian	Quorn Meatballs in Tomato Sauce (V, P)	Vegetable Lasagne and Garlic Bread (V)	Vegan Macaroni Cheese (Vv)	Vegetable Tikka Masala served with Mini Pappadum and Mango Chutney (V)	Penne Pasta in a Creamy Mushroom & Leek Sauce (V)	
	Meat Snack Item	Cajun Chicken Wrap (P)	Hot Dog in a Bun	Cheese & Ham Pizza	Meat Ciabatta	Beef Burger in a Bun	
	Vegetarian Snack Item	Cajun Vegetable Wrap (Vv)	Veggie Sausage in a Bun (V)	Cheese & Tomato Pizza (V)	Veggie Ciabatta (V)	Veggie Burger in a Bun (V)	
Lunch Menu	Side Dish (1)	Chipped Potatoes	Chipped Potatoes	Chipped Potatoes	Chipped Potatoes	Chipped Potatoes	
11.30am - 2.00pm	Side Dish (2)	Pasta( C) / Sweet Potato Wedges ( C)	Garlic & Rosemary Roasted New Potatoes (C)	New Potatoes with Parsley Butter (C)	Rice ( C) / Boulangere potatoes ( C)	Buttered New Potatoes ( <i>C</i> )	
	Side Dish (3)	Jacket Potatoes (C)	Jacket Potatoes (C)	Jacket Potatoes (C)	Jacket Potatoes (C)	Jacket Potatoes (C)	
	Jacket Potato Filling	BBQ Sausage / Pasta ( C)	Sweet Thai Chilli Veg/Rice (Vv)	Beef Bolognaise / Pasta (C)	Sweet & Sour Chicken / Rice ( C)	Chicken Curry / Rice ( C)	
	Vegetable (1)	Peas (C)	Green Beans	Baton Carrots ( C)	Peas (C)	Mushy Peas (C)	
	Vegetable (2)	Baked Beans ( C)	Baked Beans (C)	Baked Beans (C)	Baked Beans (C)	Baked Beans (C)	
	Vegetable (3)	Sliced Carrots ( C)	Sweetcorn Broccoli		Sweetcorn	Sliced Carrots ( C)	
	Sauce	Gravy	Gravy	Gravy	Gravy	Gravy / Curry Sauce	
	Hot Pudding	-	Jam Sponge with Custard	-	Bakewell Tart with Custard	Syrup Sponge with  Custard	
	Cold Pudding	Scone	Chocolate Muffin	Chocolate Chip Cookie	Chocolate Brownie	Lemon Curd Swiss Roll	
		Monday	Tuesday	Wednesday	Thursday	Friday	
	Soup	Leek and Potato Soup (V,C)	Carrot & Coriander (V,C)	Tomato Soup (V)	Butternut Squash Soup (V)	Cream of Vegetable Soup (V,C)	
	Main Meat (1)	Meat & Potato Pie	Roast Beef & Yorkire Pudding (P)	MyKentucky Fillet (Lightly Seasoned Chicken Fillet) with Hash Brown	Chicken Tikka Masala served with Mini Pappadum and Mango Chutney	Beef Strips in Chilli Sauce served with Pitta Bread	
	Main Meat (2)	Cumberland Sausage Ring with Tomato & Mushrooms	Sweet & Sour Chicken	MyZinger Burger (Spicy Chicken Fillet with Hash Brown)	Mixed Grill (P) (Bacon Chop, Sausage, Mushrooms and Tomato)	BBQ Pork Steak (P)	
	Main Vegetarian	Cauliflower & Brocolli Bake (V)	Roasted Quorn Fillet with	Vt	Mushroom Stroganoff (V)	Goats Cheese and Red	
Richmond's Restaurant Evening Menu			Yorshire Pudding (V)	Vegetarian Nuggets (V)	Mashroom 31rogano (1 (V)	Onion Tart (V)	
Evening Menu	Side Dish (1)	Fondant Potatoes ( C)	Yorshire Pudding (V)  Rice ( C)	Thin Fries	Savoury Rice (C) / Parsley Buttered Boiled Potatoes (C)	Onion Tart (V)  Rice ( C)	
	Side Dish (1)	Fondant Potatoes ( C)  Chipped Potatoes			Savoury Rice (C) / Parsley		
Evening Menu			Rice ( C) Buttered New & Roast	Thin Fries	Savoury Rice (C) / Parsley Buttered Boiled Potatoes (C)	Rice (C)	
Evening Menu	Side Dish (2)	Chipped Potatoes	Rice ( C)  Buttered New & Roast  Potatoes ( C)	Thin Fries  Sweet Potato Wedges ( C)	Savoury Rice ( C) / Parsley Buttered Boiled Potatoes ( C) Chipped Potatoes	Rice ( C) Spicy Wedges	
Evening Menu	Side Dish (2)	Chipped Potatoes  Jacket Potatoes (C)	Rice ( C)  Buttered New & Roast  Potatoes ( C)  Jacket Potatoes ( C)	Thin Fries  Sweet Potato Wedges ( C)  Jacket Potatoes ( C)	Savoury Rice (C) / Parsley Buttered Boiled Potatoes (C) Chipped Potatoes Jacket Potatoes (C)	Rice ( C)  Spicy Wedges  Jacket Potatoes ( C)	
Evening Menu	Side Dish (2) Side Dish (3) Vegetable (1)	Chipped Potatoes  Jacket Potatoes (C)  Sliced Carrots (C)	Rice ( C)  Buttered New & Roast Potatoes ( C)  Jacket Potatoes ( C)  Peas ( C)	Thin Fries  Sweet Potato Wedges ( C)  Jacket Potatoes ( C)  Corn on the Cob	Savoury Rice (C) / Parsley Buttered Boiled Potatoes (C) Chipped Potatoes  Jacket Potatoes (C)  Baton Carrots (C)	Rice (C)  Spicy Wedges  Jacket Potatoes (C)  Roasted Vegetables	
Evening Menu	Side Dish (2) Side Dish (3) Vegetable (1) Vegetable (2)	Chipped Potatoes  Jacket Potatoes (C)  Sliced Carrots (C)  Baked Beans (C)	Rice ( C)  Buttered New & Roast Potatoes ( C)  Jacket Potatoes ( C)  Peas ( C)  Baked Beans ( C)	Thin Fries  Sweet Potato Wedges ( C)  Jacket Potatoes ( C)  Corn on the Cob  Baked Beans ( C)	Savoury Rice (C) / Parsley Buttered Boiled Potatoes (C) Chipped Potatoes  Jacket Potatoes (C) Baton Carrots (C) Baked Beans (C)	Rice (C)  Spicy Wedges  Jacket Potatoes (C)  Roasted Vegetables Baked Beans (C)	
Evening Menu	Side Dish (2) Side Dish (3) Vegetable (1) Vegetable (2) Vegetable (3)	Chipped Potatoes  Jacket Potatoes (C)  Sliced Carrots (C)  Baked Beans (C)	Rice ( C)  Buttered New & Roast Potatoes ( C)  Jacket Potatoes ( C)  Peas ( C)  Baked Beans ( C)	Thin Fries  Sweet Potato Wedges ( C)  Jacket Potatoes ( C)  Corn on the Cob  Baked Beans ( C)	Savoury Rice (C) / Parsley Buttered Boiled Potatoes (C) Chipped Potatoes  Jacket Potatoes (C) Baton Carrots (C) Baked Beans (C)	Rice (C)  Spicy Wedges  Jacket Potatoes (C)  Roasted Vegetables Baked Beans (C)	
Evening Menu	Side Dish (2) Side Dish (3) Vegetable (1) Vegetable (2) Vegetable (3) Vegetable (4)	Chipped Potatoes  Jacket Potatoes (C)  Sliced Carrots (C)  Baked Beans (C)  Cabbage	Rice ( C)  Buttered New & Roast Potatoes ( C)  Jacket Potatoes ( C)  Peas ( C)  Baked Beans ( C)  Mashed Carrots & Swede ( C)	Thin Fries  Sweet Potato Wedges ( C)  Jacket Potatoes ( C)  Corn on the Cob  Baked Beans ( C)  Garlic Mayo / Salad Bowl	Savoury Rice (C) / Parsley Buttered Boiled Potatoes (C) Chipped Potatoes  Jacket Potatoes (C) Baton Carrots (C) Baked Beans (C) Green Beans	Rice (C)  Spicy Wedges  Jacket Potatoes (C)  Roasted Vegetables Baked Beans (C)  Sweetcorn	
Evening Menu	Side Dish (2) Side Dish (3) Vegetable (1) Vegetable (2) Vegetable (3) Vegetable (4) Sauce	Chipped Potatoes  Jacket Potatoes (C)  Sliced Carrots (C)  Baked Beans (C)  Cabbage  -  Gravy	Rice ( C)  Buttered New & Roast Potatoes ( C)  Jacket Potatoes ( C)  Peas ( C)  Baked Beans ( C)  Mashed Carrots & Swede ( C)	Thin Fries  Sweet Potato Wedges ( C)  Jacket Potatoes ( C)  Corn on the Cob  Baked Beans ( C)  Garlic Mayo / Salad Bowl  -  Gravy	Savoury Rice (C) / Parsley Buttered Boiled Potatoes (C) Chipped Potatoes  Jacket Potatoes (C) Baton Carrots (C) Baked Beans (C) Green Beans	Rice (C)  Spicy Wedges  Jacket Potatoes (C)  Roasted Vegetables Baked Beans (C)  Sweetcorn	

Further Information:
V denotes vegetarian dish
Vv denotes Vegan dish
P denotes Protein Dish
C denotes Carbohydrate Dish
Allergen information available
upon request

		Menu - Week 2				
		Monday	Tuesday	Wednesday	Thursday	Friday
	Vegetarian Soup	Tomato and Basil Soup (V)	Lentil Soup (V,C)	Red Pepper and Tomato Soup (V)	Cream of Mushroom Soup (V)	Broccoli and Cheese Soup (V)
	Meat Soup	Chicken, Pasta & Butter Bean Soup	Celeriac & Chozico (C) Soup	Scotch Broth Soup	Leek, Bacon & Potato Soup	Chicken Mulligatawny Soup
	Main Meat	Tandoori Chicken (P)	Grilled Gammon (P)	Hunters Chicken (P)	Steak and Ale served with  Yorkshire Pudding	Battered Fish (P)
	Main Vegetarian	Quorn Meatballs in Tomato Sauce (V, P)	Macaroni Cheese (V)	Roasted Vegetable and Pasta Bake (Vv)	Vegetable Korma served with Mini Naan Breads and Mango Chutney (V)	Quorn Mince and Dumplings (V)
	Meat Snack Item	Chicken Burger	Steak & Onion Roll (P)	Meat Pizza	Sweet Thai Chicken Wrap with Peppers & Red Onion	Chicken Ciabatta
	Vegetarian Snack Item	Veggie Nuggets (V)	Falafel Burger in a Roll (Vv)	Veggie Pizza (V)	Sweet Thai Vegetable Wrap (Vv)	Cheese & Onion Ciabatta (V)
Richmond's Restaurant Lunch Menu	Side Dish (1)	Chipped Potatoes	Chipped Potatoes	Chipped Potatoes	Chipped Potatoes	Chipped Potatoes
11.30am - 2.00pm	Side Dish (2)	Rice ( C) / Buttered New Potatoes ( C)	Pasta ( C) / Garlic & Rosemary Roast Potatoes ( C)	Fondant Potatoes ( C)	Rice ( C) / Roast potatoes ( C)	Parley New Potatoes ( C)
	Side Dish (3)	Jacket Potatoes (C)	Jacket Potatoes (C)	Jacket Potatoes (C)	Jacket Potatoes (C)	Jacket Potatoes (C)
	Jacket Potato Filling	Chilli Con Carne / Rice ( C)	BBQ Sausage / Pasta ( C)	Meatballs in Tomato Sauce / Pasta ( $\mathcal{C}$ )	Sweet and Sour Chicken / Rice ( C)	Beef Bolognause / Pasta (C)
	Vegetable (1)	Broccoli	Green Beans	Cauliflower	Peas (C)	Mushy Peas (C)
	Vegetable (2)	Baked Beans (C)	Baked Beans (C)	Baked Beans ( C)	Baked Beans ( C)	Baked Beans ( C)
	Vegetable (3)	Baton Carrots ( C)	Sweetcorn	Baton Carrots ( C)	Sliced Carrots ( C)	Sweetcorn
	Sauce	Gravy	Gravy	Gravy	Gravy	Gravy / Curry Sauce
	Hot Pudding	-	Ginger Sponge with Custard	-	Chocolate Sponge with Chocolate Sauce	Toffee Topped Pudding with  Custard
	Cold Pudding	Blueberry Muffins	Chocolate Éclairs / Creamed Horns	Flapjack	Toffee Muffins	Strawberry Gateaux
		Monday	Tuesday	Wednesday	Thursday	Friday
	Soup	Tomato and Basil Soup (V)	Lentil Soup (V,C)	Red Pepper and Tomato Soup (V)	Cream of Mushroom Soup (V)	Broccoli and Cheese Soup (V)
	Main Meat (1)	Homemade Meat and Potato Pie	Italian Meatballs in Tomato Sauce	Chunky Farmhouse Sausages in onion gravy, Yorkshire Pudding	Beef Lasagne + Garlic Bread	Breaded Chicken & Garlic Mayo. (P)
	Main Meat (2)	Chicken & Ham Aribiatta	Pork Steak with Creamy Pepper Sauce (P)	Chicken Korma with Naan Bread and Mango Chutney	Chicken & Sweetcorn Pie	Minted Lamb Steak (P)
	Main Vegetarian	Quorn and Leek Pie (V, P)	Quorn Sausage & Pasta Bake (V, P)	Spinach & Riccotta Canneloni in Tomato Sauce (V)	Vegetable Lasagne + Garlic Bread (V)	Cheese & Tomato omelette (V)
Richmond's Restaurant	Side Dish (1)	Pasta ( C) / Fondant Potatoes ( C)	Chips / Pasta (C)	Mash & Chipped Potatoes	Sweet Potato Wedges ( C)	Spicy Wedges
Evening Menu 4.00pm - 6.15pm	Side Dish (2)	Jacket Potatoes (C)	Jacket Potatoes (C)	Jacket Potatoes (C)	Jacket Potatoes (C)	Jacket Potatoes (C)
	Side Dish (3)	Chips	Boiled Potatoes with Butter & Parsley ( C)	Rice (C)	Chips	Pasta ( C)
	Vegetable (1)	Peas	Broccoli	Peas (C)	Baton Carrots (C)	Sweetcorn & Red Peppers
	Vegetable (2)	Baked Beans ( C)	Baked Beans (C)	Baked Beans (C)	Baked Beans (C)	Baked Beans ( C)
	Vegetable (3)	Savoy Cabbage	Carrots (C)	Sweetcorn	Roasted Vegetables	Green Beans
	Vegetable (4)	-	_	-	-	-
	Sauce	Gravy	Gravy	Gravy	Gravy	Gravy
	Hot Pudding	Fruit Crumble with Custard	-	Viennese Tart with Custard	-	-
	Cold Pudding	Shortbread Biscuit	Chocolate Gateaux	Date Crispie	Cranberry & Chocolate Chip Cookie	Assorted Sweets

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Allergen information available upon
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## Menu - Week 3

		Monday	Tuesday	Wednesday	Thursday	Friday
	Vegetarian Soup	Leek and Potato Soup (V,C)	Carrot & Coriander Soup (V,C)	Tomato Soup (V)	Butternut Squash Soup (V)	Cream of Vegetable Soup (V,C)
	Meat Soup	Beef & Tomato Soup	Cock a Leekie Soup	Pea & Ham Soup	Vegetable & Chorizo Soup	Chicken & Sweetcorn Soup
	Main Meat	Chocken, Pasta & Butter Bean	Celeric & Chorizo	Scotch Broth	Leek, bacon & Potato	Chicken Noodle Soup
	Main Vegetarian	Chicken Tikka Masala served with Mini Pappadum and Mango	Beef Bolognaise	Homemade Chicken & Ham Pie	Beef Stroganoff	Battered Fish (P)
	Meat Snack Item	Quorn Meatballs in Tomato Sauce (V) / Pasta	Veg stir fry in Sweet and Sour Sauce (Vv) / Rice (C)	Spanish Omelette (V)	Quorn Swedish-Style balls in Tomato Sauce (V)	Quorn mince pie with Champ topping (V)
Richmond's Restaurant Lunch Menu	Vegetarian Snack Item	Hot Dog in a Bun with Onions	Meat Pizza	Beef Strips and Vegetables in Hoisin Sauce Wrap (P)	Chicken Burger on a roll	Ham or Pepperoni Ciabatta
	Side Dish (1)	Quorn Sausage in a Bun with Onions (V)	Veggie Pizza (V)	Vegetables in Hoisin Sauce Wrap (Vv)	Veggie Burger on a roll (V)	Vegetable Ciabatta (V)
11.30am - 2.00pm	Side Dish (2)	Chipped Potatoes	Chipped Potatoes	Chipped Potatoes	Chipped Potatoes	Chipped Potatoes
	Side Dish (3)	Garlic Roasted New Potatoes ( C) / Rice (C)	Sweet Potato Wedges ( C) / Pasta ( C)	Parsley & Butter Boiled Potatoes ( <i>C</i> )	Buttered New Potatoes / pasta ( C)	Fondant Potatoes ( C)
	Jacket Potato Filling	Jacket Potatoes (C)	Jacket Potatoes (C)	Jacket Potatoes (C)	Jacket Potatoes (C)	Jacket Potatoes (C)
	Vegetable (1) Vegetable (2)	Sweet Thai Chilli Veg (Vv)  Broccoli	BBQ Sausage / Pasta ( C)  Green Beans	Beef Bolognaise / Pasta ( C)  Baton Carrots ( C)	Sweet a Sour Unicken / Kice / A Peas ( C)	Chilli Con Carne / Rice (C)  Mushy Peas (C)
	Vegetable (3)	Baked Beans ( C)	Baked Beans (C)	Baked Beans ( C)	Baked Beans (C)	Baked Beans (C)
	Sauce	Baton Carrots ( C)	Sliced Carrots ( C)	Savoy Cabbage	Broccoli	Sliced Carrots (C)
	Hot Pudding	Gravy	Gravy	Gravy	Gravy	Gravy / Curry Sauce
	Cold Pudding	-	Jam Sponge with Custard	-	Bakewell Tart with Custard	Syrup Sponge with Custard
		Monday	Tuesday	Wednesday	Thursday	Friday
	Soup	Leek and Potato Soup (V,C)	Carrot & Coriander Soup (V,C)	Tomato Soup (V)	Butternut Squash Soup (V)	Cream of Vegetable Soup (V,C)
	Main Meat (1)	Steak and Onion Pie	Breaded Chicken with Garlic Mayonniase (P)	Cajun Chicken with a Tomato Salsa (P)	Roast Beef with Yorkshire Pudding (P)	Hunter's Chicken (P)
	Main Meat (2)	Chicken fillet in Tomato and basil topped with Mozzerella	Grilled Gammon, Tomato and  Mushroom (P)	Shepherds Pie	Roast Gammon (P)	Beef Madras with Mini Pappadum and Mango Chutney
	Main Vegetarian	Chickpea & Spinach Curry (V)	Butternut Squash & Ricotta Pasta Bake (V)	Veggie Stuffed Jacket Potatoes (Vv)	Butternut Squash & Chickpea Cobbler (V)	Quorn Boston Bean Bake (V)
	Side Dish (1)	Mashed Potatoes ( C)	Boulangere Potatoes ( C)	Chipped Potatoes	Roast Potatoes ( C)	Golden Rice (C)
Richmond's Restaurant Evening Menu 4.00pm - 6.15pm	Side Dish (2)	Chipped Potatoes	Chipped Potatoes	Rice ( C) / Garlic Roasted New Potatoes ( C)	Buttered New Potatoes ( C)	Spicy Wedges
4.00pm - 6.15pm	Side Dish (3)	Jacket Potatoes (C)	Jacket Potatoes (C)	Jacket Potatoes (C)	Jacket Potatoes (C)	Jacket Potatoes (C)
	Vegetable (1)	Sliced carrots (C)	Corn on the Cob	Green Beans	Savoy Cabbage	Broccoli
	Vegetable (1) Vegetable (2)	Sliced carrots (C) Baked Beans (C)	Corn on the Cob Baked Beans ( C)	Green Beans Baked Beans ( C)	Savoy Cabbage Baked Beans ( C)	Broccoli Baked Beans ( <i>C</i> )
		. ,				
	Vegetable (2)	Baked Beans (C)	Baked Beans (C)	Baked Beans ( C)	Baked Beans (C)	Baked Beans ( C)
	Vegetable (2) Vegetable (1)	Baked Beans (C)	Baked Beans (C)	Baked Beans ( C)	Baked Beans (C)	Baked Beans ( C) Sweetcorn
	Vegetable (2) Vegetable (1) Vegetable (4)	Baked Beans ( C) Peas ( C) -	Baked Beans ( <i>C</i> ) Broccoli -	Baked Beans ( C) Sliced Carrots ( C) -	Baked Beans ( C)  Mashed Carrots & Swede ( C)	Baked Beans ( C) Sweetcorn -

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Allergen information available upon
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## Myerscough College Catering Services

## Menu - Week 4

		Monday	Tuesday	Wednesday	Thursday	Friday
	Vegetarian Soup	Tomato and Basil Soup (V)	Lentil Soup (V,C)	Red Pepper and Tomato Soup (V)	Cream of Mushroom Soup (V)	Broccoli and Cheese Soup (V)
	Meat Soup	Chicken Mulligatawny Soup	Scotch Broth Soup	Chicken, Pasta & Butter Bean Soup	Celeriac & Chozico (C) Soup	Leek, Bacon & Potato Soup
	Main Meat	Cajun Chicken (P)	Grilled Cumberland Ring with Tomato & Onion	Chicken & Ham Carbonara	Beef Chilli served with Tortilla Chips and Sour Cream	Battered Fish (P)
	Main Vegetarian	Quorn Meatballs in Tomato Sauce (V, P)	Ratatouille Hot Pot (Vv)	Quorn Hot Pot (V, P)	Chickpea & Butternut Cobbler (V)	Veggie Sausage Pasta Bake (V, P)
	Meat Snack Item	Minted Lamb Burger in a bun	Meat Pizza	Fish Finger Barm	BBQ Pulled Pork, Pepper & Onion Wrap	Cheese & Pepperoni Ciabatta
	Vegetarian Snack Item	Veggie Burger (V)	Veggie Pizza (V)	Veggie Nuggets (V)	Veggie Wrap (Vv)	Cheese & Tomato Ciabatta(V)
Richmond's Restaurant Lunch Menu	Side Dish (1)	Chipped Potatoes	Chipped Potatoes	Chipped Potatoes	Chipped Potatoes	Chipped Potatoes
11.30am - 2.00pm	Side Dish (2)	Rice (C)/Minted New Potatoes(C)	Boulangere Potatoes ( C)	Pasta ( C) / Buttered New Potatoes ( C)	Rice ( C) / Sweet Potato Wedges ( C)	Roasted New Potatoes ( C)
	Side Dish (3)	Jacket Potatoes (C)	Jacket Potatoes (C)	Jacket Potatoes (C)	Jacket Potatoes (C)	Jacket Potatoes (C)
	Jacket Potato Filling	Vegetarian Chilli (V) / Rice (C)	Meatballs in Tomato Sauce / Pasta ( C)	Beef Madras / Rice ( C)	Sweet & Sour Chicken / Rice (C)	Beef Bolognaise / Pasta ( C)
	Vegetable (1)	Broccoli	Green Beans	Sliced Carrots (C)	Peas (C)	Mushy Peas ( C)
	Vegetable (2)	Baton Carrots	Sweetcorn	Broccoli	Sweetcorn	Carrots (C)
	Vegetable (3)	Baked Beans ( C)	Baked Beans (C)	Baked Beans ( C)	Baked Beans ( C)	Baked Beans ( C)
	Sauce	Gravy	Gravy	Gravy	Gravy	Gravy / Curry Sauce
	Hot Pudding	-	Ginger Sponge with Custard	-	Chocolate Sponge with Chocolate Sauce	Toffee Topped Pudding with  Custard
	Cold Pudding	Blueberry Muffins	Chocolate Éclairs / Creamed Horns	Flapjack	Toffee Muffins	Strawberry Gateaux
		Monday	Tuesday	Wednesday	Thursday	Friday
	Soup	Tomato and Basil Soup (V)	Lentil Soup (V,C)	Red Pepper and Tomato Soup (V)	Cream of Mushroom Soup (V)	Broccoli and Cheese Soup (V)
	Main Meat (1)	Steak in Ale with yorkshire pudding	Roast Chicken with Sage & Onion Stuffing (P)	Pasta Bolognaise	Steak Pie	Chicken Korma with Naan Bread and Mango Chutney
	Main Meat (2)	Grilled Pork Steak served with Creamy Peppercorn Sauce (P)	Tuna Pasta Bake	Hunters Chicken (P)	Grilled Gammom, Tomato and Mushrooms (P)	Cheese Burger in a Bun
	Main Vegetarian	Leek and Potato Bake (V)	Quorn Mince and Dumplings (V)	Thai Green Veg Curry (V)	Vegetable Lasagne (V)	Quorn Stir Fry in Sweet Chilli Sauce (V, P)
	Side Dish (1)	Chipped Potatoes	Roasted Potatoes ( C)	Chipped Potatoes	Chipped Potatoes	Spicy Potato Wedges
Richmond's Restaurant Evening Menu 4.00pm - 6.15pm	Side Dish (2)	Mashed Potatoes ( C)	New Potatoes ( C)	Rice ( C) / Fondant Potatoes ( C)	Boiled potatoes with butter & parsley ( <i>C</i> )	Rice (C)
4.00pm - 0.13pm	Side Dish (3)	Jacket Potatoes (C)	Jacket Potatoes (C)	Jacket Potatoes (C)	Jacket Potatoes (C)	Jacket Potatoes (C)
	Vegetable (1)	Peas ( C)	Sliced Carrots (C)	Roasted Vegetables	Baton Carrots ( C)	Green Beans
	Vegetable (2)	Baked Beans ( C)	Baked Beans ( C)	Baked Beans ( C)	Baked Beans (C)	Baked Beans ( C)
	Vegetable (3)	Sliced Carrots ( C)	Cauliflower	Peas (C)	Broccoli	Sweetcorn
		-	-	-	-	-
	Sauce	Gravy	Gravy	Gravy	Gravy	Gravy
	Hot Pudding	Fruit Crumble (C) with  Custard	-	Viennese Tart with Custard	-	-
T		i .			Cranberry & Chocolate Chip	

Further Information:
V denotes vegetarian dish
Vv denotes Vegan dish
P denotes Protein Dish
C denotes Carbohydrate Dish All
Allergen information available upon
request