

MODULE DESCRIPTOR

MODULE TITLE	Introduction to Golf Coaching		
MODULE CODE	MR1158	CREDIT VALUE	20 credits
MODULE DELIVERY	Year Long		
MODULE TUTOR	Ian Mellor		
DATE APPROVED	2 May 2007, April 2008		VERSION NUMBER 2
DEPARTMENT	School of Built & Natural Environment	PARTNER INSTITUTION	Myerscough College

RELATIONSHIP WITH OTHER MODULES

Co-requisites	None	Pre-requisites	None	Excluded Combinations for Foundation Certificate Sports	LS1514, LS1516, LS1518
----------------------	------	-----------------------	------	--	------------------------

MODULE AIMS

This module aims to provide the theory of the coaching process. The module will outline the knowledge required for a coach to be able to operate in different and safe environments within Golf. The practical element of the module allows for experience in a variety of golf related contexts. Practical experiences will support the acquisition of theoretical principles throughout.

MODULE CONTENT

- 1 Coaching Principles – The philosophy of coaching, the role of the coach, coaching styles, Good / bad practice.
- 2 Coaching Practice – The coaching process, planning, conducting and evaluating coaching performance.
- 3 Coaching theories applied to practice.
- 4 Principles of skill acquisition.
- 5 Coaching Ethics – Child protection, equity, coaching and the law.
- 6 Skills for practical Coaching – Key coaching points, coaching delivery, technique development.

LEARNING OUTCOMES

On successful completion of this module a student will be able to:

1	Explain the roles and responsibilities of a safe and equitable coach.
2	Identify the key principles of coaching practice.
3	Describe contemporary issues surrounding golf coaching, such as legal and child protection.
4	Investigate aspects of the coaching process by evaluating a practical golf coaching session.

TEACHING AND LEARNING STRATEGY

This module will be taught through a one-hour lecture and one-hour practical session per week. Students will be required to read widely in order to benefit from keynote lectures. To facilitate the achievement of the learning outcomes listed, students will need to take a pro-active role in their own learning. Directed reading will need to be undertaken prior to seminar activities and group discussions. Students will be expected to work on their own initiative in the development of appropriate skills, taking a critical appreciation of their progress.

INDICATIVE CLASS CONTACT

Lecture - 1 hour per week. Practical - 1 hour per week.

INDICATIVE ASSESSMENT

Number of Assignments	Assessment	Weighting %	Type/Duration/ Wordcount (indicative only)	Learning Outcomes being assessed
1	Review of Practical Coaching Session	50%	2500 words	2, 4
1	Induction Handbook	50%	2500 words	1, 3

MODULE PASS REQUIREMENTS

For successful completion of the module, each individual element of assessment must be attempted and an overall average of 40% achieved.

BIBLIOGRAPHY AND LEARNING SUPPORT MATERIAL

Cross, N. & Lyle, J. (eds) (1999) *The Coaching Process: Principles and Practice for Sport*, Leeds, National Coaching Foundation.

Downey, M. (2001) *Effective Coaching*, London, Texere.

Farrally, M.R. (1999) *Science and Golf III*, Leeds, Human Kinetics.

Foxon, F. (1999) *Improving Practices and Skills*, Leeds, National Coaching Foundation.

Jones, R. Armour, K. & Potrac, P. (2003) *Sports Coaching Concepts: From Practice to Theory*, London, Routledge.

Leadbetter, D. (2004) *Faults and Fixes*, London, Harper Collins.

Madonna, B. (2001) *Coaching Golf Successfully*, Leeds, Human Kinetics.

Martens, R. (2004) *Successful Coaching UK*, Leisure Press.

National Coaching Foundation (2002) *Understanding and Improving Skill*, Leeds, National Coaching Foundation.

National Coaching Foundation (1996) *Code of Ethics and Conduct for Sports Coaches*, Leeds, National Coaching Foundation.

National Coaching Foundation (1999) *The Body in Action – Introductory Study Pack Number 2*, Leeds, National Coaching Foundation.

National Coaching Foundation (1999) *The Coach in Action – Introductory Study Pack Number 1*, Leeds, National Coaching Foundation.

National Coaching Foundation (1999) *Planning and Practice – Introductory Study Pack Number 6*, Leeds, National Coaching Foundation.

Pelz, D. (1999) *Dave Pelz' Short Game Bible*, New York, Aurum Press.

Sportscoach UK (1999) *The Successful Coach – Guidelines for Coaching Practice*, Leeds, Sportscoach UK.

Sportscoach UK (2001) *Protecting Children: A Guide for Sports People*, Leeds, Sportscoaching UK & The National Society for the Prevention of Cruelty to Children.

OTHER PUBLICATIONS

British Journal of Physical Education
Journal of Sports Sciences
Journal of Strength and Conditioning Research
Medicine and Science in Sports and Exercise
Sports Medicine

ELECTRONIC INFORMATION SOURCES

www.sportengland.co.uk The general Sport England website.
www.sportcoachuk.co.uk The website for Sports Coach UK.
www.culture.gov.uk Department for Culture, Media and Sport.
www.sportsci.org An excellent site for general sports sciences issues.
www.acsm.org American College of Sports Medicine.
www.gaspsystems.com
www.golf-foundation.org
<http://news.bbc.co.uk/sportsacademy/hi/sa/golf/default.stm>